

# Braintree Catholic Collaborative



## St. Francis of Assisi Church

856 Washington Street  
Braintree, Massachusetts

### Mass Schedule

Saturday Vigil: 5:30PM  
Sunday: 9:00, 11:30AM and  
6:00PM

Monday –Friday: 7:00AM

### Sacrament of Reconciliation

Saturday: 12:30-1:30PM

### Collaborative Staff

Rev. Robert M. Blaney, Pastor  
Rev. Kevin P. Leaver, Parochial Vicar  
Deacon Joseph MacDonald, Collaborative Deacon/  
Music Director  
Deacon James Waldron, Collaborative Deacon  
Mrs. Karen Lane, Director of Religious Education  
Ms. Patty Kinnally, Office Manager  
Mr. Kevin Mercier, Business Manager  
Mr. Cecil O'Brien, Facilities  
Mrs. Karen Whitney, Receptionist  
Msgr. Robert W. Oliver, In Residence  
Rev. Wellington Oliveira, In Residence  
Deacon Michael Cavanaugh, Senior Deacon

### Contact Information

[www.braintreecatholic.org](http://www.braintreecatholic.org)  
781-843-1332 | Fax: 781-848-0976

### Collaborative Office and Mailing Address

856 Washington Street  
Braintree, MA 02184

## St. Clare of Assisi Church

1244 Liberty Street  
Braintree, Massachusetts

### Mass Schedule

Saturday Vigil: 4:00PM  
Sunday: 7:45, 10:15AM

Saturday: 8:00AM

### Sacrament of Reconciliation

Saturday: Following the 8AM Mass

### Office Hours

Monday—Thursday: 9:00AM-4:00PM  
Friday: 9:00-1:00

### Sacrament of Marriage

A minimum of six months notice is required. Please call the Collaborative Office to schedule an appointment prior to booking a venue.

### Sacrament of Baptism

2nd Sunday of the month at St. Clare at **1:00PM**  
3rd Sunday of the month at St. Francis at **1:00PM**  
Please call the Collaborative Office to register

### Sacrament of the Sick & Communion Calls

Please notify the Collaborative Office if anyone is hospitalized or unable to attend Mass because of illness.

### Bulletin Deadline

All requests must be submitted to the Collaborative Office by Monday at 1PM. Email to [parish@sfab.org](mailto:parish@sfab.org)

## Mass Intentions

### St. Francis of Assisi

#### Saturday, February 7, 2026

5:30PM Maria "Cathy" Leitao 4th Anniv.

#### Sunday, February 8, 2026

9:00AM George Picewick 3rd Anniv.

11:30AM Patricia & Harry Handry Memorial

6:00PM Robert Hester 12th Anniv.

#### Monday, February 9, 2026

7:00AM

#### Tuesday, February 10, 2026

7:00AM Sheila Timulty 2nd Anniv.

#### Wednesday, February 11, 2026

7:00AM Erwin Macatingrao Memorial

#### Thursday, February 12, 2026

7:00AM

#### Friday, February 13, 2026

7:00AM

#### Saturday, February 14, 2026

5:30PM Joan M. Duffy 1st Anniv.

#### Sunday, February 15, 2026

9:00AM Carmela Varraso Memorial

11:30AM Robert and Rio Sacchetti 2nd Anniv.

6:00PM Sheila Trabucco 10th Anniv.



If you are interested in the Online Giving option for either parish to simplify your weekly contributions, please contact the collaborative office or scan the QR code below.



We are now booking Mass Intentions for **January 1 through June 30, 2026**. To schedule a Mass or for further information please call the Collaborative Office at 781-843-1332.

## Mass Intentions

### St. Clare

#### Saturday, February 7, 2026

8:00AM Pauline F. O'Brien Memorial

4:00PM John Twomey Memorial

#### Sunday, February 8, 2026

7:45AM Parishioners of the Collaborative

10:15AM Wadi Bitar and 4th Anniv.  
Abdallah Khnaizir 5th Anniv.

#### Saturday, February 14, 2026

8:00AM

4:00PM Joseph, Mary & Joseph Kelly Jr. Memorial  
and Patricia Roche

#### Sunday, February 15, 2026

7:45AM Parishioners of the Collaborative

10:15AM Domenic DeSantis Memorial

The Bread & Wine for the week of February 7 through 13 were donated in loving memory of Pauline O'Brien.

## Info and events of note

- **St. Vincent DePaul Food Pantry Open Thursdays at St. Francis from 10AM-12NN.** If you need groceries, please call on Wednesday so that we can be prepared for your visit. Referrals and limited financial assistance are available for parishioners in need.
- **Collaborative Prayer Line...** To be placed (or to pray) on the parish prayer line, please call the Collaborative office.
- **Military Service...** If someone you know is deployed and you would like their info to appear on the blue board in the church, please call or email the parish office.
- **AI-Anon ...** Tuesdays at 10:30 in St. Clare Church Hall
- **Boy Scout Troop #138 ...** Wednesdays at 7:00PM in St. Clare Church Hall.—Contact John Collier at 781-843-3330
- **Braintree Knights of Columbus...** Second Tuesday of the month at 7:00PM in St. Francis Church Hall.
- **Community Meal...** 1st Wednesday of the month at 5:30PM in St. Francis church hall.

Please call the collaborative office for more information.





### What should I give up for Lent?

There is a long tradition of “giving up” something for Lent. The common understanding of the practice is to take on voluntarily some kind of suffering to identify with the suffering of Jesus on the cross. There is certainly some truth to this, but it does not explain the whole of it. Freely abstaining from something pleasurable is called fasting. We associate fasting with preparation for a medical procedure. Fasting for religious purposes, though, goes back before recorded time. The experience of being hungry leaves us feeling, well, hungry. It is a primordial sensation that gets us near to the core of our existence, not unlike breathing. By allowing ourselves to feel some kind of hunger, we become more attuned to what is not there, namely food. From this comes a greater sense of gratitude for what we do have, and a sensitivity to those who go without basic necessities or are suffering.

Voluntary fasting is a hard concept for our culture to get. We tend to focus on those things that give us immediate satisfaction. The practice of waiting for something is dissipating as artificial intelligence is more available.

The Gospel reading for the first Sunday of Lent tells of Jesus’ journey into the desert after His Baptism so that he might consider what His Heavenly Father is asking of Him. It is there that Jesus is tempted by the devil. All the temptations focus on immediate gratification! Giving something up for Lent helps us to identify with the Lord who understood that not everything can be immediate. Good things must first be desired, discerned, prayed-for, and worked-toward.

What, then, ought you give up for Lent? In other words what will be your fast this Lent? It could be a favorite food, or desserts. I know of people who gave up all bread, or anything with salt or anything with sugar. The Lenten fast may be from things other than food such as television, social media, music, video games, movies, etc. In thinking about this you don’t want to choose something that is going to make you miserable for six weeks (or make those around you miserable!) The Lenten fast is not intended to be an endurance test! Some people choose to fast for six days and take a break on Sundays or special days like St. Patrick’s Day or a birthday/anniversary. There is also fasting from certain behaviors like swearing or gossiping.

Whatever is the fast, it should benefit someone else. For example, if you fast from your morning coffee beverage, the money that would be used to purchase it should

then be given to the poor. Same if you give up going to the movies or out to eat. Let someone in need benefit from your fast. What about fasting from something not associated with a cost such as social media or video games? Consider a monetary value for the fast and give it to the poor. Let someone in need benefit, if only slightly, from your fast.

Fasting may also include something like getting up earlier in the morning to attend Mass or taking part of your lunch break to pray in Church or read the Scriptures or recite the Rosary. Many people speak highly of the app “Hallow” which has a daily prayer challenge and other ideas. I know of a priest who lets his Jewish friend decide what he will give up each year. Deciding as a family is a great way to fast as well, like giving up pizza night for Lent.

Lent begins a week from Wednesday by wearing an image of the cross on your forehead traced in ashes. This is a proclamation to the world that you admit to having sinned and are in need of a savior. Then Easter we celebrate with a great feast that God has indeed given us a Savior who has saved us from our sins. And, of course, the feast should include whatever we gave up for Lent.

### Happenings here for Lent

During Lent the Sacrament of Reconciliation will be available at the usual times of Saturday, 8:30am at St. Clare Church and Saturday, 12:30pm at St. Francis Church. In addition, there will be confessions available on Monday evenings at 6:30 at St. Francis Church.

The Collaborative Lenten Retreat will be held Monday-Wednesday, March 9-11. More information will be forthcoming.

Beginning on Saturday, February 21, I will be offering a mini course on the Second Vatican Council. This will be held from 9:00-10:15 at St. Clare Church. For the six Saturdays of Lent we will look at the major teachings that came out of this council and how they have shaped our understanding of God, Church and Mass today.

### Mass Vestments

Concluding our look at Mass vestments, today we focus on the dalmatic. This is the outer vestment worn by deacons at Mass. Its shape is based on an apron. If you recall from the Acts of the Apostles, the Apostles were challenged by the speed at which people were joining “the Way” (what the Church was called in the earliest of days). They chose seven men who enjoyed an excellent reputation within the community and tasked them with taking care of the logistics of day to day life of the Church. In particular, they were to oversee the distribution of food as some people were taking more than they needed leaving little for the others. In a sense, the early deacons were waiters and thus their vestment is like an apron. By the way, the word deacon comes from a Greek word meaning to serve.

Vestments, of course, come in different colors. The

color of the vestment is determined by the liturgical season or the feast/memorial being celebrated.

White is worn during the Christmas and Easter seasons, as well as feasts of the Lord, the Blessed Mother and many of the saints. White is also worn at funerals and weddings.

Violet is used during Advent and Lent. It is intended to reflect the desire for conversion. Violet can also be used at funerals or at Masses in which the congregation is begging for divine forgiveness.

Red is worn at Masses for the Holy Spirit (think fire), the passion of the Lord, and feasts of martyrs (think blood).

Rose is worn on Gaudete Sunday (3<sup>rd</sup> Sund of Advent) and Laetare Sunday (4<sup>th</sup> Sunday of Lent) to mark the halfway point of the penitential seasons.



*From  
Deacon Joe MacDonald*

LIGHTS! Camera! Action! LIGHT at the end of the tunnel; She LIGHTs up a room; Shed a LIGHT on it; Turn on the LIGHTS. I think we've all heard this one, "Don't curse the darkness, LIGHT one candle."

These are just a few of the phrases we commonly use referring to light. That's how important light is. We know that many people are afraid of the dark and not just children, so we leave a light on for them. When winter comes some people get depressed because there isn't enough sunlight. There is even a condition known as SAD or seasonal affective disorder. It affects people who live in climates that have short days like Iceland and Alaska. Plants can't grow without the sunlight. If we drive down the street we see dozens of houses with solar panels capturing the energy of the sunlight. Light is very important not just to us but to all life.

On the first day of creation God said: "Let there be light," and there was light. Now you might think that what God created on that "first day" was the Sun. But you'd be wrong. God didn't create the Sun until the "fourth day." So, what was the light that God revealed on that "first day" of creation? It is the radiance of the Triune God. It is a light brighter than anything we can imagine, certainly brighter than the sun – even brighter than a quasar which can shine 500 trillion times brighter than the sun. I wouldn't look directly at that one.

Speaking of God, Psalm 36 tells us that "In your light we see light." God's light is so bright that even that quasar would appear dark in comparison. It may appear as no more than a shadow in God's light.

John's Gospel begins with the same words as Genesis, "In

the Beginning."

In the beginning was the Word, and the Word was with God, and the Word **was** God. He was in the beginning with God. All things came to be through him, and without him nothing came to be. What came to be through him was life, and this life was the light of the human race; the light shines in the darkness, and the darkness has not overcome it...And the Word became flesh and made His dwelling among us. (John 1:1-5, 14)

Jesus is that Word made flesh, the Word that **was/is** God. He shares in that incomprehensible infinite light of the Father and Spirit. So, when Jesus says, "I am the light of the world" He knows what light He is talking about. The sun may shine in the sky, but He is the light we need that leads to life.

In Matthew's Gospel today Jesus tells us that **we** are the light of the world. I thought Jesus was the light of the world. We are finite creatures. How can we be this kind of light? How can we dispel darkness when we so often stumble into it ourselves. Through our Baptism we become Children of God. We are incorporated into the Body of Christ and we share his mission to bring people to Father.

We don't have to wonder how we are going to let our light shine. Jesus told us. It's by the good that we do. Today's passage from Isaiah fleshes this out a bit more for us:

Then you shall call, and the LORD will answer, you shall cry for help, and he will say: "Here I am!" If you remove the yoke from among you, the accusing finger, and malicious speech; If you lavish your food on the hungry and satisfy the afflicted; Then your light shall rise in the darkness, and your gloom shall become like midday (Isaiah 58:9-10)

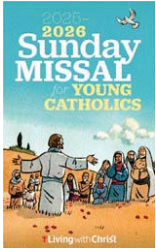
We share in the light of Christ and when we do those "good" things we bring light to the darkness. Later on in Matthew's Gospel Jesus talks about those charitable endeavors that we do, and that we do them for Him personally. In a sense we bring light to the light.

For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.' Then the righteous will answer him and say, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? When did we see you a stranger and welcome you, or naked and clothe you? When did we see you ill or in prison, and visit you?' And the king will say to them in reply, 'Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.' (Matthew 25:35-40)

We, in communion with Christ, are the light of the world. As the Psalm us told us, "The just man is a light in the darkness to the upright." Let's go be that light!

## RELIGIOUS EDUCATION

NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS



Father Bob found a great new resource for us, a kid's missal! It has wonderful pictures and graphics, and makes it easy to follow along with the readings every week as well as participate in each part of the Mass. There are copies in baskets inside the main entrances of both churches. Thank you Father Bob!!!

Our January Half Day Hangout was a HUGE success! We began by watching a video about the Parable of the Good Samaritan and talking about how we are called to love and care for our neighbors. The kids colored Blessing Bag Prayers to be included in each bag.



TEAMWORK was the theme of the day as the kids put Braintree Catholic stickers on each bag, and then filled them with hats, gloves, scarves, hand warmers,

toiletries, and snacks.

Look at all of the things that were put in the bags! An enormous THANK YOU to all who donated items for our Blessing Bag project!!!



When the bags were done, we said a prayer asking Jesus to bless the recipients of each one, and to thank him for the blessings in our own lives. The bags were delivered to St. Francis Church Hall to

be distributed at the February Community Meal.

The Family Faith Lenten Gathering was a wonderful day! The kids began with a collaborative poster, with everyone guessing the message until all the pieces were up – We are “Joyfully Rooted in God's Love!”



The kids planted seeds and will tend to them throughout Lent. We talked about how taking care of the seeds represents nurturing our faith, and waiting for the plant to grow is like the season of Lent when we prepare for the resurrection of Jesus on Easter.



We talked about the three things we do during Lent – prayer, fasting, and giving. The kids made “Lent in a Bag” crafts to bring home. Each week they will use a different color paper to keep track of their prayer, fasting, and giving.





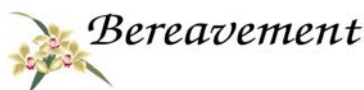
### February 8: 5th Sunday in Ordinary Time:

In the Gospel today, Jesus says, "You are the light of the world," he is calling us to live our Christian vocation in words and deeds. **Be a "light" to those living in poverty and in a world of darkness by giving a donation to the Society of St. Vincent de Paul.**



**FOOD COLLECTION SUNDAY** is next weekend, February 14-15. Thank you to everyone who so faithfully supports our pantry. **We are in need of the following items: Laundry Detergent, spray cleaners, dish liquid, personal care items i.e. bar soap, deodorant,**

**catsup, mustard mayonnaise and coffee.** However, we are grateful for anything you wish to donate. If you prefer not to shop, please read below to learn how you can help. Pantry donations can also be dropped off at the Collaborative office during normal business hours (M-F 9-4). **Blue envelopes are in holders on the back inside wall of the church. Please use them for your cash, check (written to St. Vincent DePaul with SFA on the memo line), or gift card—and place them into the collection basket or through the rectory mail slot.**



### Support Group

Are you grieving the loss of someone close to you? If you are interested in talking about your grief and need support in your grief healing, we are again beginning our bereavement classes. They will be every Saturday at 10:30AM at St. Francis of Assisi church hall. The hour-long meeting will help you bring your suffering to the Lord and also allow you to know others who are going through something similar.

Meetings will meet weekly from 10:30—11:30AM. No sign-up or commitment, just a place to come and find comfort.

*"What we once enjoyed and deeply loved we can never lose, for all that we loved deeply becomes part of us."*

**Helen Keller**



Stay tuned for information regarding our 3rd Annual St. Patrick's Day Dinner to be held on Saturday, March 14 at St. Francis of Assisi.

## REST IN PEACE

### St. Francis of Assisi

Gloria O'Connell

Linda Donovan

Daniel Ryan

### St. Clare

Carol Sullivan

Charles M. Wheeler

*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.*



If you are a registered parishioner who utilizes the parish envelope system or the online giving option and would like a copy of your total contributions for 2025 please call the collaborative office at 781-843-1332. **In accordance with federal regulations contribution statements have been mailed to any parishioner who has made a single contribution of \$250 or more.** If you do not currently utilize the parish envelope or online giving system, but would like to; or if you have any questions regarding your statement, please contact Patty Kinnally in the collaborative office.

**This Lent, give something back in addition to giving something up.**

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"Jesus Wept." John 11:35

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"He has risen." Matt 28:6

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