



SUPER SATURDAY MINI-RETREAT

Participation in ONE of the Super Saturday's is mandatory for all Sophomores/Students in Year II of the Confirmation Program. There will be breaks between Break-Out Sessions and a light lunch.

11AM– Arrival/Check-In

11:15 AM-Opening Prayer, Overview of the Day

1-1:30– Lunch

1:30-2– Large Group Activity

4pm– Holy Mass

5pm– End of Super Saturday



SESSION 1

- A. Gifts of the Holy Spirit in my life
- B. Women in the Bible
- C. Millennial Saints
- D. Eucharistic Miracles

SESSION 2

- A. How to Pray the Rosary
- B. Lectio Divina (Bible)
- C. Stations of the Cross
- D. Church Architecture

SESSION 3*

- A. My Faith life after Confirmation

*Required for All Students

1

BREAK-OUT 1
12-12:45 PM

2

BREAK-OUT 2
2-2:45 PM

3

BREAK-OUT 3
3-3:45 PM